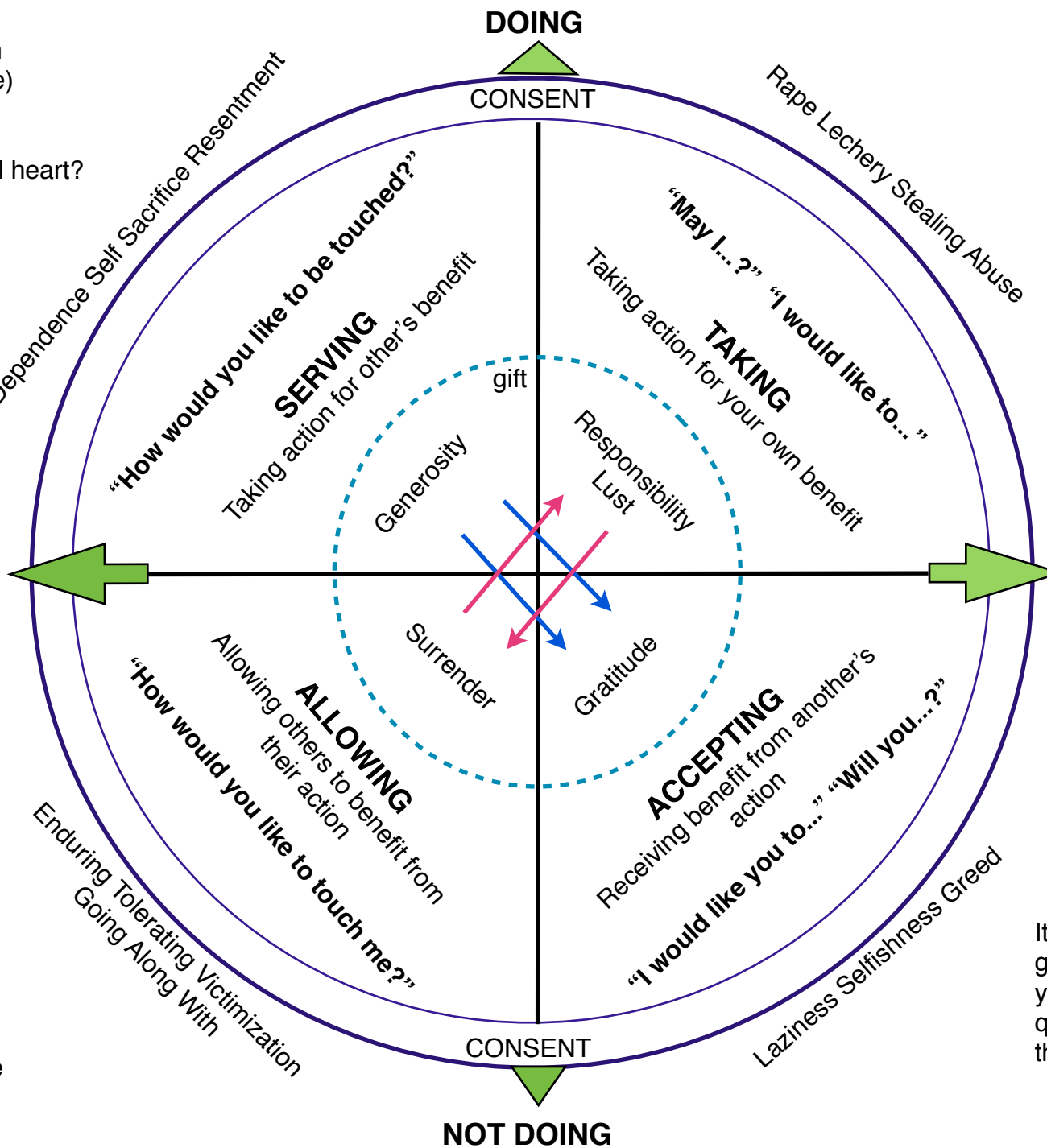


**Keys to Freedom**  
(To know and share)

Who is this for?  
What can I give with a full heart?  
What do I want?

**What creates the Container of Consent?**

- Clarity, privacy, safety, limits
- Confidence in our ability to make a change, or make a difference in what is happening
- Slowing down enough to notice when we meet or exceed an edge
- Trusting in our partner's confidence to do the same



**What Keeps us OUT of the Pleasure Zone?**

- Staying Even
- Trying to do what the other person wants, instead of acting on our own desire
- Being unclear about what quadrant we are in
- Avoiding one or more of the quadrants
- Being unclear about the container of consent

**PLACE of MAGIC is at the CENTER**

Its where everyone wants to go, but to whatever degree you are avoiding one of the quadrants, you can't get there.